



Women on the GROW

Featuring Tina Tuggle

February 15, 2010



Tina Tuggle developed an interest in golf four years ago and began taking lessons at that time. She now enters her 13th season with the Tennessee Titans and third as Director of Player Development. In her role with the team, Tuggle assists Titans players with continuing education, financial education, career internships and player assistance programs. Tuggle, who previously served as the Executive Assistant to the Executive Vice President/General Manager and Director of Football Operations, has worked closely with the team's player development initiatives since 1998. She also serves as the players' insurance representative for the team and has worked in both the player personnel and scouting departments.

Behind Tuggle's contributions, the Titans' player development department won the Winston/Shell Award in 2006 for its innovation and commitment to player development. The department was also recognized as the NFL's most improved player development program from 1998-99 after her arrival.

In 2005, Tuggle was selected to represent the club at the NFL's Stanford Executive Training Program at the Stanford Business School, where she took part in upper level management training. She was selected to participate in the Football Operations Personnel Symposium spring of 2007. Most recently for the 2007-08 season, Tuggle won the NFL's Best Player's Assistance Program of the Year.

Tuggle and her husband, Jesse, reside in Bellevue with their son, Josiah (11). Her goal is to become even more active with GROW this year making golf a fun past time to enjoy with her son. "I look forward to playing as the weather improves. My goal is to play for leisure but often times on business trips there are golf outings so it's important to have an understanding of the game from a professional standpoint as well."

Growing Golfers One Stroke at a Time!

A Message from President Tracy Pointer www.growtwoday.com

As I feature Tina Tuggle in this issue, I must comment that it seems like just yesterday that we were walking the campus of Tennessee State University preparing to apply firsthand the TSU motto of enter to learn and go forth to serve. Tina's accomplishments with the NFL are certainly to be commended. Congratulations Tina! Of course, I had to ask her of her thoughts of last week's Superbowl results, Tina remarked, "Congratulations to the Superbowl XXIV Champion New Orleans Saints. This was a great win for the Saints and the city of New Orleans! I commend the Saints for capping off a superb season with a championship!"

I echo... the Superbowl was excellent! I thoroughly enjoyed the game, the commercials, and was proud for the team. The Saints. Drew Brees and of course Tracy Porter were awesome! I have a new Saints player to follow, although I said that after the playoff game when Tracy intercepted Brett Favre's pass and my namesake (although not identical but similar) did it again at the Superbowl by intercepting Peyton Manning's pass. Go Tracy Porter!

Ladies, Happy Valentine's Day! I want to pass along a message to you hat I received this year. The author is unknown. Valentine treasures are people who have often crossed your mind, family, friends, and others too who in your life have shined the warmth of love or a spark of light that makes you remember them: no matter how long since you've met, each one is a luminous gem, who gleams and glows in your memory, bring special pleasures and that's why this Valentine comes to you. You're one of those sparkling treasures.



And of course, Happy Presidents' Day. The highlight of my commemoration will occur Thursday when my 8 year old son will portray President Obama at the school's President's Day program. I am so proud of him! Seed you soon.TM

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